

# Thrive activities useful for parents of children up to 11 years old – week ten

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills. We have put together some daily activities to support social and emotional development through the arts, play and creativity.

Monday	How to train your dragon? <a href="#">Make your own</a> out of pipe cleaners.
Tuesday	Write a letter to Mr Johnson airing your views on school return.
Wednesday	Create a takeaway – cheeseburger, fish and chips, wrap it up and take out to garden!
Thursday	<a href="#">Make your own bath bomb</a> and chill out.
Friday	Friday – No Rules right? Have some sweets and stay up late! Sleep in the lounge or camp in your brother or sister's room.
Saturday	Some of you would just be finishing SATS – plan your after SATS party!
Sunday	Let's help out at home today – wash the car, cook, help tidy?

## Top Tips:

- ✓ Draw up a routine of what you are doing and when.
- ✓ Keep cardboard boxes or clean recycling objects to use for arts later.
- ✓ Don't worry if things go wrong - play can be fun and endings can be difficult.